

Who is COMPA Food Bank Ministry?

Founded in 1981, COMPA Food Bank Ministry's mission is to assist individuals in reaching a given level of self-sufficiency and preventing homelessness by serving and providing grocery products to 170 local hunger-relief agencies that distribute them to those in need in the Rocky Mountain Region. These agencies in-turn feed over 49,000 people per week. COMPA is the second largest of the six major food banks in Colorado and the only one that provides it's food free of charge. COMPA's philosophy is that it is more effective to provide the food to our agencies free of charge so that they may utilize their resources for other programs that help achieve self-sufficiency. This is done without discrimination due to race, sexual orientation, mental or physical handicap, or religion.



COMPA
FOOD BANK MINISTRY

COMPASSION In Action

COMPA Food Bank Ministry
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COMPA
FOOD BANK MINISTRY

COMPASSION In Action

Project
Glean



*Showing compassion to
individuals and families in
Colorado and the Rocky
Mountain Region*

Project Glean



Project Glean is an annual program whereby COMPA, in partnership with regional farmers and community volunteers, harvest fresh produce to provide for families and individuals in need through our agencies. COMPA is currently blessed by having partnerships with four very generous Colorado farmers: **Domenico Farms** of Denver, **Petrocco Farms** and **Sakata Farms** of Brighton, and **Grant Family Farms** of Wellington.

Where?

Currently, Project Glean takes place in fields located from north Denver to the Brighton area, and as far north as Wellington, Colorado. The exact location for each Glean event is not known until the week before the event.

When?

Project Glean takes place during the harvest season, in the months of September (after Labor Day weekend) and October. Every Saturday, dependent on weather and harvest conditions, COMPA organizes volunteer groups to glean, typically in the morning and early afternoon hours for 4 to 6 hours. In addition to these regularly scheduled days, gleans can also be arranged for large groups on weekdays, as conditions allow.

How?

On the scheduled glean day, volunteers meet at the COMPA warehouse at 7:30 am for a brief orientation and instructions, then follow written directions to the glean site. COMPA staff direct the gleaning activity, with volunteers harvesting produce from the fields and loading the trucks. COMPA drivers then return the produce to the warehouse where it is weighed and stored for sorting and distribution, usually beginning the following week. All ages of volunteers are allowed to participate and families are encouraged to use the opportunity to teach the meaning of service to their children. Because of the weather and field conditions, volunteers are encouraged to bring water, mosquito repellent (w/DEET), snacks, lunch, sunscreen, gloves, long pants, hat, sunglasses, shoes appropriate for fields, and whatever else you feel is needed. Actual work may involve everything from picking peppers from the plant to cutting cabbage to carrying and loading boxes weighing up to 50 pounds.

How Can I Sign Up?

Sign-ups are underway now for groups and individuals to volunteer. If you, your family, church, business, or service group would like to glean with COMPA, you can schedule date(s) by calling Kevin FINDER at (303) 294-0272, ext. 106, or emailing Kevin at kevin@compafoodbankministry.org. Please be prepared to provide the following information when signing up:

Glean Date(s) Requested
Organization Name (if applicable)
Contact Name
Contact Address
Contact Phone Number
Contact Email Address
Number of Volunteers

For additional information, please do not hesitate to contact Kevin at the number given above.

Thanks for your interest and we'll see you out on the farm!

Can't make it out to the farm? You can support COMPA financially through our **ONLINE FOOD DRIVE**. Go to www.compafoodbankministry.org and click on the pile of cans on our home page. You can then shop for various items and pay by credit card. Thanks for your generous support!